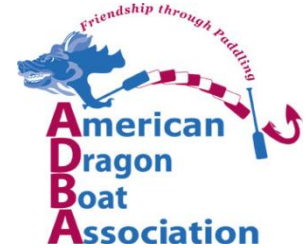




2016 Capital City Dragon Boat Race
 September 18, 2016, 8 a.m. to 5 p.m.
 Hawk Island Park
 Lansing, Michigan
CapitalCityDragonBoatRace.com



Dragon boat race team application information

A NON-REFUNDABLE deposit of \$500.00 must accompany this application in order to reserve a spot for your team on the race roster. Each team will receive final confirmation of its status upon full payment of the application fee. The team registration deadline with minimum deposit is Friday, July 1, 2016. Full application fee balance is due no later than Friday, September 2, 2016. A late fee of \$100.00 will be applicable if any payments are made after deadlines. A maximum of 36 teams will be registered on a FIRST COME FIRST SERVED basis. Checks are to be made payable to: *Women's Center of Greater Lansing or WCGL and mailed to: CCDBR, C/O: Women's Center of Greater Lansing, 1712 E. Michigan Avenue Lansing MI 48912. PLEASE TYPE OR PRINT VERY NEATLY. ERRORS ARE COSTLY.*

Name of organization or group: _____

Contact Name (Team Captain): _____

Phone: _____ FAX: _____ Email: _____

Team Name (e.g. Flying Dragons): _____

Organization Address (city/state/zip code where you want materials and confirmations sent): _____

Prior race participation? No ___ Yes ___ How many? _____

Team Structure:

Each Team will consist of 20 members (18 paddlers, one drummer and one flag catcher) with a **minimum of 8 females among the paddlers on a mixed team. All male teams are okay.** An experienced steersperson will be provided by the American Dragon Boat Association (ADBA).

_____ CORPORATE TEAM \$1200

_____ COMMUNITY TEAM \$1000

_____ SURVIVOR TEAM \$850

* breast cancer, other cancer, domestic violence or sexual assault survivors - all team members must meet the criteria.

_____ YOUTH TEAM \$500

* 14 - 17 years old

_____ We would like the CCDBR to setup and take down a 10' x 10' tent for a fee of \$150.00.

_____ We would like the CCDBR to provide a table and two chairs for a fee of \$75.00.

Preliminary information for teams - please read & keep a copy

1. All participants of the Capital City Dragon Boat Race (CCDBR) must be 14 years of age or older. Participants under 18 years of age **MUST** be accompanied by a parent or guardian, in order to compete. Parents **MUST** sign the waiver for participants younger than 18 years of age. Boats must have a minimum of 8 female paddlers.
2. For **all** participants, previous experience is not necessary (you will receive training), but you must be able to swim at least 100 meters, confirmed by the Team Captain.
3. The Captain (named in the application above) will be responsible for all aspects of your team's participation in the CCDBR, including:
 - Completion of correct registration procedures.
 - Timely payment of all registration fees (to include initial deposit by July 1, 2016 and balance due no later than September 2, 2016). Please note that individual team members are required to make payment to their team Captain. The team Captain will forward payment to the CCDBR.
 - Submission of a team roster. It is suggested you register 22 individuals so that you will have alternates - only those listed on the roster can compete. They will be the only individuals covered by the race liability insurance.
 - Submission of signed American Dragon Boat Athlete Waivers for all team members, signed by them or in the case of those younger than 18 years of age, by their parent or guardian.
 - Communicate all information to team members.
 - Attend all Captains' Meetings
4. Your Team must have an identifying TEAM NAME **and** an identifying TEAM T-SHIRT. Teams will not be permitted to participate unless all individuals are wearing your team T-shirts. You may also want to have additional T-shirts printed to trade with other teams. Such trading is encouraged. Please provide one T-shirt to the CCDBR for display at future events.
5. First place teams will be awarded a trophy and first, second and third place medals will be awarded to all winning team members in each division. Additionally, trophies will be presented for best team "theme" and "spirit".
6. All participants will receive a CCDBR event T-shirt as part of the application fee.
7. An individual paddler can participate on **only one team**.
8. Teams may put up their own crew tent but must be a maximum size of 10x10 ft. Larger tents are prohibited. A 10x10 ft tent may be provided through the CCDBR for an additional fee.
9. To secure personal belongings one vehicle per team will be allowed to park on site. One parking permit will be given to the Team Captain. See our website for parking of additional vehicles.
10. Grilling at Hawk Island is allowed.
11. Alcohol in park is prohibited.
12. A water station will be provided on site.
13. The CCDBR will be conducted under the auspices of the American Dragon Boat Association and all rules are outlined in the "American Dragon Boat Association Festival Manual", available on our website under the team tab.
14. Teams and their Captains should regularly check the CCDBR website for updates. More information will be provided at the Captains meeting happening sometime during August. You can visit our website at CapitalCityDragonBoatRace.com.
15. For additional information contact us at: lansingdragonboat@gmail.com or call 517-372-9163.